

Messaging

- Before sending a TXT, PXT or Video-PXT, ask yourself if you would be happy to receive such a message. If the answer is no, don't send it.
- If someone took a PXT or Video-PXT of you without your knowledge and sent it on, you might be upset. So, don't do it to someone else. Ask if it's okay before you take a PXT.
- Don't use language or pictures that might upset or offend people.

Want more info?

For more information on TXT, PXT, Video-PXT, chatroom and internet safety, check out www.netsafe.org.nz or www.vodafone.co.nz (under About Vodafone, Responsible Mobile Use). Or you can call NetSafe or Vodafone on the numbers below.

* PXT is a registered Vodafone trademark.



~~TXT
BULLY~~

If someone is
picking on you
via your mobile,
call NetSafe on
0508 NETSAFE and
(638 723)
they'll help you out.

How to get the bully off your back

It may not feel like it, but there are loads of things you can do to help stop and prevent bullying on your mobile.

You are not alone

Firstly, don't feel you have to deal with it by yourself - tell your friends and parents or call toll-free **0508 NETSAFE (0508 638 723)**. They're a New Zealand organisation helping to keep you safe, and they're friendly and easy to talk to.

What can Vodafone do?

If necessary there's a number of things Vodafone can do to help, like blocking the bully from sending TXTs, switching you to a new number or even barring the bully from our network. We can do it, so give us a call if you need to.

Two key suggestions to help stop TXT bullying

1. Be super-careful about who you give out your number to (and don't give it to people you don't know).
2. If you get a TXT from an unknown number do not reply to it.

Parents can help... they really can!

If there's a problem with someone constantly sending you messages that upset or offend you, tell your parents or a trusted adult. Together, you should be able to work out how to knock any problem on the head before it gets out of hand.

What can you do?

- Be very careful about giving out your personal details via mobile to anyone you don't know (and don't give out someone else's number without asking first).
- If you get a TXT or PXT* that makes you feel uncomfortable, do not reply.
- If you regularly get TXTs or PXTs that upset you, tell someone you trust. If they are life-threatening, call the police immediately.
- Vodafone has various options for blocking nuisance TXT and PXT messages that you don't want.
- Call Vodafone free on **777** from your mobile with the message details. Remember, do not reply to a threatening or harassing message.
- If you use chat services, remember people may not be who they say they are.
- Once you have your chat nickname, that's all other chatters will see. They can only find out your mobile number and personal details if you tell them.
- Remember when you choose a chat nickname that people may judge what kind of person you are by the 'tone' of that name.
- If you get into conversations or receive messages you're uncomfortable with, you can send the **IGNORE** command to **220** to stop receiving TXT chat messages from that chatter.