

3 actions to take this Safer Internet Day:



Start having conversations about online safety with the young people in your life:

Research shows that young people are more likely to be harmed by something online, so it's important that you have conversations with them often and early about ways to stay safe online.



Do an online profile check-up:

One of the simplest things you can do to keep yourself safe online is check in on your online profile privacy settings. If you're using social media, make sure that you have your privacy settings tight, so that you're only sharing information with your friends or connections.



Share something positive online:

Take some time out to share something positive online to celebrate Safer Internet Day this year.

For more ideas and examples visit
netsafe.org.nz/SID19