Safer Internet Day 2021

Online safety starters
Tweens (10-13)

We know that regular conversations at home helps to minimise the damage if things go wrong online. We've put together some ideas to help spark a kōrero about online safety with your tamariki.

Use your judgement to choose the topics that are most relevant for your child. For more online safety advice visit netsafe.org.nz

Managing Time Online

Questions: How do you spend your time? How would you tell if you were spending too much time online? What do you think you might try if you wanted to spend less time online?
Resources: netsafe.org.nz/time-online

Online Bullying

Questions: What do you think online bullying is? What's the difference between bullying and joking around? What advice would you give to a friend who was being bullied?
Resources: netsafe.org.nz/youth-bullying and netsafe.org.nz/banter-vs-bullying

Social Media vs Reality

Questions: Do you think social media shows what people's everyday lives are like? How would you be able to tell if someone is getting paid to promote content on social media?
Resources: netsafe.org.nz/social-media-vs-reality

Truth & Tricksters

Questions: Do you know what catfishing is? Do you think it's easy to pretend to be someone else online? How would you be able to tell if someone really is who they say they are online?
Resources: netsafe.org.nz/catfish

Online Pornography

Questions: What would you do if a friend or someone else was pressuring you to look at pornography? Have you ever seen any adult pictures that made you feel uncomfortable? **Resources:** netsafe.org.nz/porn-advice-parents

Sending Nudes
(if appropriate – think about your child's age & stage)

Questions: How common do you think sending nudes is? What are the risks with sending nudes? If you were pressured to send nudes you didn't want to, how would you say "no"?
Resources: netsafe.org.nz/sending-nudes-parents

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