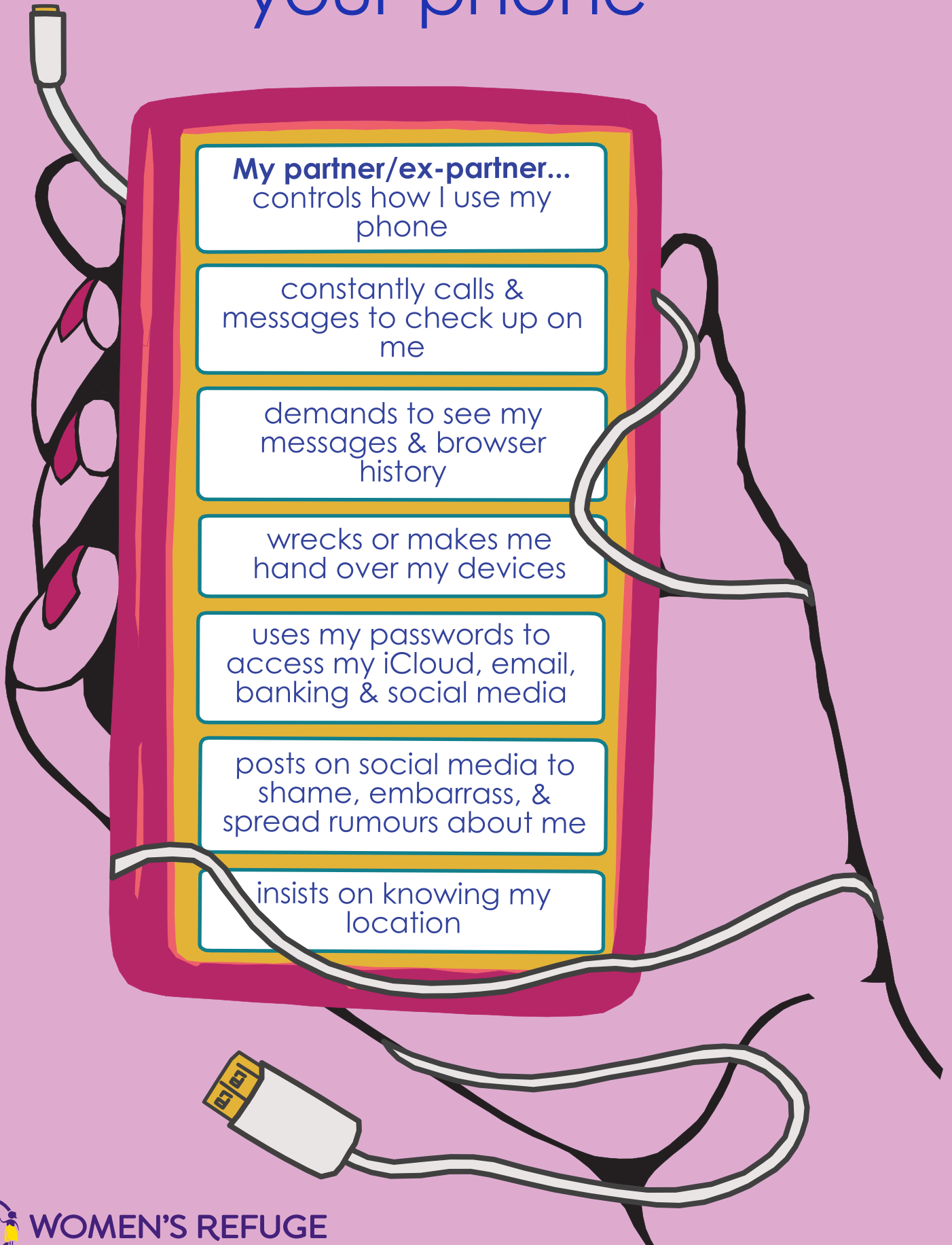


Partner abuse & your phone



My partner/ex-partner...
controls how I use my
phone

constantly calls &
messages to check up on
me

demands to see my
messages & browser
history

wrecks or makes me
hand over my devices

uses my passwords to
access my iCloud, email,
banking & social media

posts on social media to
shame, embarrass, &
spread rumours about me

insists on knowing my
location

